

HOW TO OVERCOME A WEAKNESS

First, ask yourself: Is my weakness mainly in a Skill or a Behavior?

BEHAVIOR

Examples:
detail orientation
pace (too fast/too slow)
initiative

Is it a Long-Term Need?

Is it a Short-Term Need?

Can your job be changed/modified?

Adapt as needed, return to normal

NO

YES

DO IT

Examples:

- Have conversation with team or boss
- Restructure roles/assignments
- Change jobs

SKILL

Examples:
computer skills
listening skills
giving feedback

Learn it and master it

Examples:
classes
books
mentor

HACK A STRENGTH

How can you use a current strength in a new way to get the results you need?

ASK A TEAMMATE

Who around you is naturally good at this? How can you leverage their strength to help you?

FIND A TOOL

What tool or technology could help you adapt to the needs of the situation?

Examples:

automation, reminders, alarms, calendars, structured processes

Our most powerful tool is our ability to create a new habit.