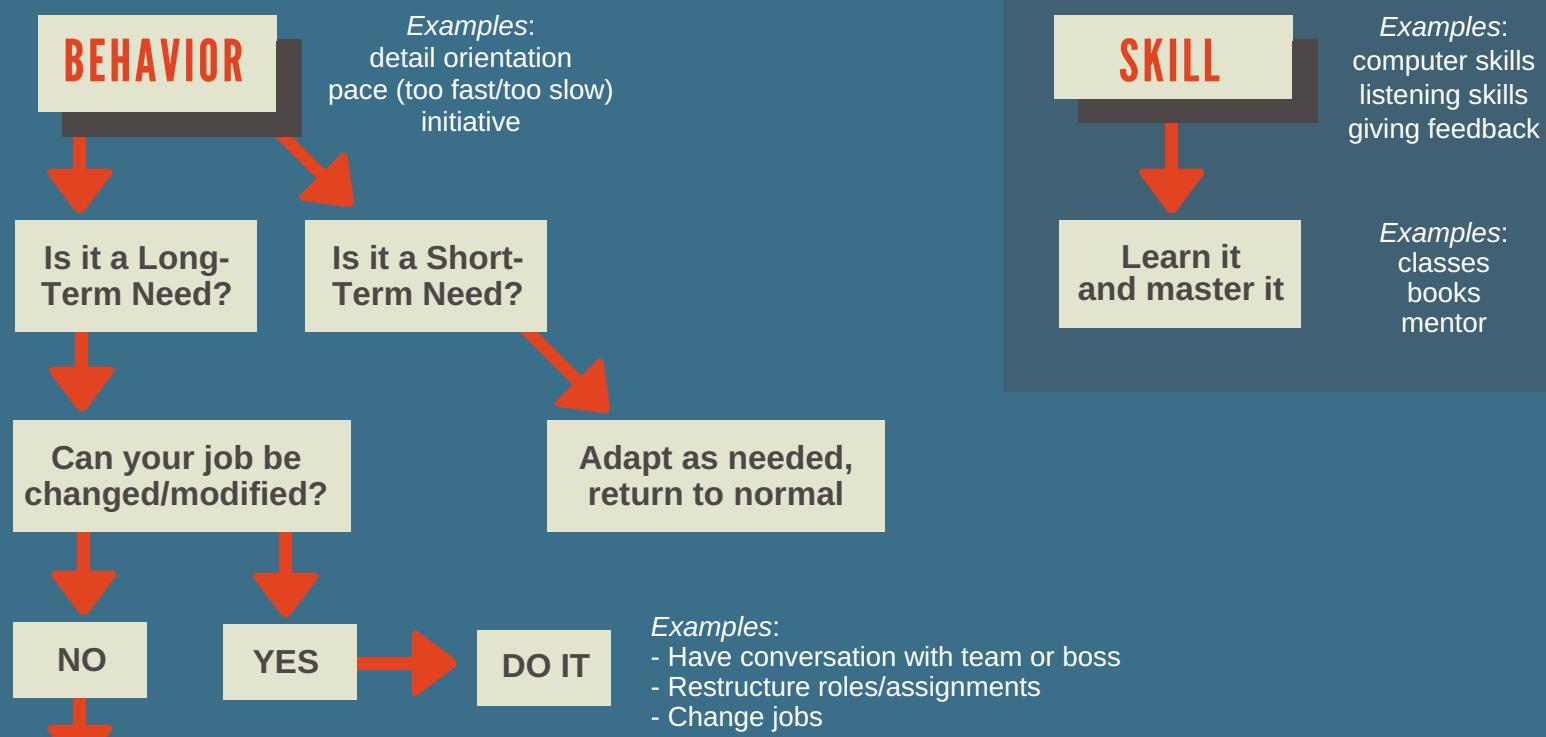


# HOW TO OVERCOME A WEAKNESS

First, ask yourself: Is my weakness mainly in a Skill or a Behavior?



## HACK A STRENGTH

How can you use a current strength in a new way to get the results you need?

## ASK A TEAMMATE

Who around you is naturally good at this? How can you leverage their strength to help you?

## FIND A TOOL

What tool or technology could help you adapt to the needs of the situation?

Examples:  
automation, reminders, alarms, calendars, structured processes

*Our most powerful tool is our ability to create a new habit.*